

Prenatal Paternity Testing

A Practical Guide for Expecting Parents

- Understand Your Options Clearly
- Step-by-Step Testing Information
- Emotional & Practical Guidance

Free Educational Guide



PURPOSE

— DNA & HEALTH —

— *There is purpose in the blood®* —

- 
- Understand Your Options Clearly
 - Step-by-Step Testing Information
 - Emotional & Practical Guidance

Why This Guide Exists

A Pregnancy already comes with emotional and physical changes. When paternity questions are involved, it can add stress, confusion, and uncertainty.

This guide was created to help you:

- Understand your options clearly
- Know what to expect step by step
- Make informed decisions without pressure

“Even when paternity questions arise, it can be a journey toward clarity and understanding, offering a chance to strengthen bonds and discover new beginnings filled with hope.”

01 Who This Guide Is For

This guide is for:

- Pregnant women seeking clarity
- Fathers who want responsibility and preparation
- Couples navigating uncertainty privately
- Families planning next steps before birth

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The Emotional Side of Paternity Questions

For many families, pregnancy is a time of planning. People are thinking about living arrangements, finances, co-parenting, and what support will look like after the baby is born. When paternity questions are unanswered, it can make planning harder and add stress to decisions that already feel big. Prenatal paternity testing can help provide clarity early, allowing individuals to plan responsibly and thoughtfully instead of waiting until after delivery when emotions and responsibilities are already high.

Uncertainty during pregnancy can weigh heavily on a person's mental and emotional health. Questions left unanswered can create worry, anxiety, and constant "what if" thoughts. For some, peace of mind means having clear information rather than assumptions or doubts. Prenatal paternity testing offers a way to replace uncertainty with knowledge, helping families focus on their health, the pregnancy, and preparing for the baby with confidence and calm.



These feelings are common and valid.

- 1 Wanting stability
- 2 Wanting honesty
- 3 Wanting to plan properly
- 4 Wanting peace of mind

02

Prenatal vs. Post-Birth Paternity Testing



Prenatal Testing

- *Done during pregnancy*
- *Allows early clarity*
- *Helps with emotional and practical planning*

Post-Birth Testing

- *Done after delivery*
- *May delay decisions*
- *Can increase stress during newborn care*

Choosing timing is about what works best for your situation.

03

Step-by-Step: How Prenatal Paternity Testing Works

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- 1. Pregnancy is confirmed and gestational age is reviewed*
- 2. A blood sample is collected from the mother*
- 3. A cheek swab is collected from the alleged father*
- 4. Samples are sent to the lab*
- 5. Results are returned confidentially*

Knowing the process ahead of time helps reduce anxiety



Things People Don't Always Think About

Prenatal paternity clarity can affect:

- Hospital paperwork
- Birth certificate decisions
- Co-parenting conversations
- Financial and emotional planning
- Family dynamics

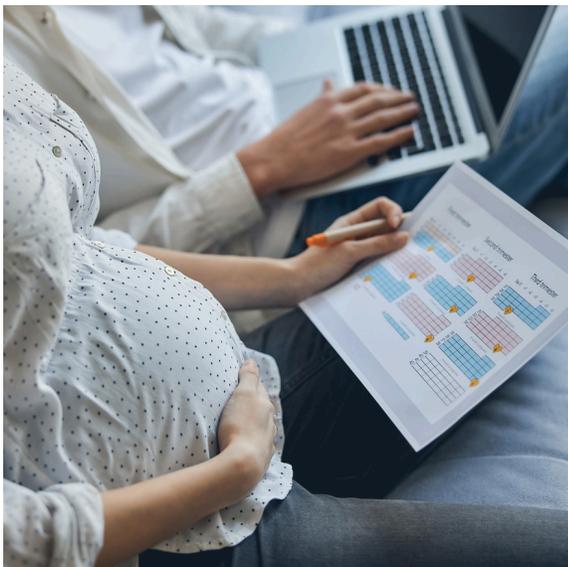
Having answers early allows calmer decision-making.

Privacy and Confidentiality

Prenatal paternity testing should always be handled discreetly.

Professional services ensure:

- Secure sample handling
- Confidential results
- Respect for all parties involved



Other Things To Think About!

- 1 Plan Ahead
- 2 Reduce Stress
- 3 Avoid Waiting
- 4 Legal Testing

HOW PURPOSE DNA & HEALTH
SUPPORTS YOU

Purpose DNA & Health focuses on:

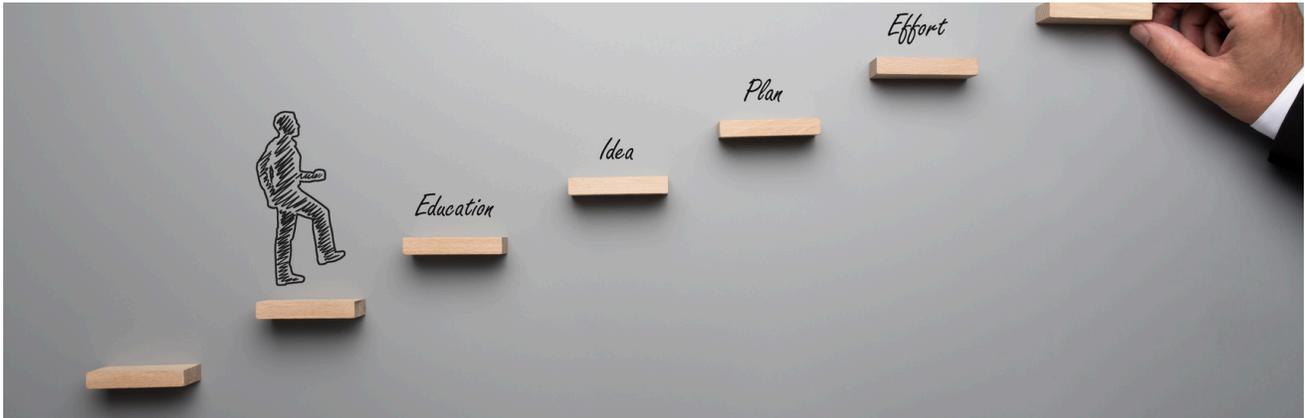
- *Clear explanations*
- *Professional collection*
- *Respect and privacy*
- *Education before decisions*

*No pressure. Just information and
support.*

*Prenatal Paternity
— Testing —*

What to Do Next

After reading this guide, you may:



1

Decide to move forward with testing.

2

Choose to wait

3

Have additional questions

All options are okay.
If and when you're ready, support is available.

Call or text 1-855-570-7110 or visit
www.purposedna.com